

Staying Positive During a Pandemic
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The Covid-19 pandemic has affected all of lives but this pandemic has taught me to be thankful and positive. I look at other people who may have it worse than me whether it's school, sports, activities, and overall health. I remember that keeping a positive attitude has helped me move forward with determination and hope. Yes Covid-19 has altered our lives but I have found ways to go around these obstacles to find better outcomes. Whether it's been training harder, studying longer, and keeping in touch more to become a better version of myself post pandemic. It is important for me to stay positive during these times because I tend to dwell over things that I know things can be a lot worse. Covid-19 has taught me to find optimism in situations and with this comes the development of patience and growth.